

"Blue wins us over with a quirky, perky charm." - Time Out Chicago

# AMI BLUE

**one woman's hilarious discovery of what  
"finding yourself" actually looks like**

"A criminally funny performer who's almost certainly the lovechild of Kristen Schaal and Tina Fey." - Charlebois Post, Montreal



"Laugh-out-loud funny without sacrificing any warmth, and you never stop rooting for the hapless heroine." - The Visitorium, Ottawa



"The winsome performer offers a charming and funny critique of the way in which we lose ourselves in the quest for self-awareness." - The Edmonton Journal

**written and performed by Elizabeth Blue  
directed by Maia Wilde**



# AM I BLUE

## PRAISE FOR AM I BLUE

**Am I Blue** tells the quasi-autobiographical story of a young modern woman's attempts at happiness, riches, and a cute bearded boyfriend. She seeks the guidance of life coaches, sex therapists, business gurus, and more in hilarious monologues chronicling her misadventures all over New York City.

Created by writer/performer Elizabeth Blue and director Maia Wilde.

**FUN FACT BEHIND THE SCENES:** Elizabeth Blue's real-life vision board came true, and she lived in Bali for a year. Is was in Bali that she performed "AM I BLUE" for the first time in 7 years, and it was received with rave reviews. She met a Scottish comedian (Daniel Conlan) at an open mic in Bali, who connected her with Michelle Christine of Champions of the Festival... leading to her Edinburgh Fringe debut in 2019!

### Potential Groups/Hooks:

- Female Solo Comedy Performance
- Edinburgh Fringe Premiere
- A comical look at the self-help movement
- Great for anyone who loves or hates "EAT PRAY LOVE"

"The story, simple enough take on the modern girl's search for happiness **stays fresh and VERY funny throughout thanks to Blue's clever writing, obvious acting talent, and the direction of Maia (Wilde).** It also does not hurt that Elizabeth Blue is ten pounds of adorable in a five pound bag." - **The Visitorium, Ottawa**

"The winsome performer offers such a **charming and funny critique of the way in which we lose ourselves in the quest for self-awareness,** it's a pleasure to spend 60 minutes in her company."  
- **The Edmonton Journal, Edmonton**

**Show dates: August 2 – 11; 13 – 26**

**Time: 14:00 – 15:00**

**Venue 445: Champions of Festival –  
The Scotsman – The Drawing Room**

**Suitable for 18+ (Guideline)**

**Tickets: £5.00**

<https://tickets.edfringe.com/whats-on/am-i-blue>



  
**@eblueblue**

WINNIPEG  
**FRINGE**  
THEATRE  
FESTIVAL

**Venue #445:  
Champions of Festival –  
The Scotsman – The Drawing  
Room**

**Inquiries:**

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